

Castle Tennis Club

Guidelines for return to restricted play

- **Bring gloves and/or alcohol gel**, so that you can open gates safely. The club will also provide sanitiser.
- First aid box has been placed under the bench
- Clubhouse will remain locked, so ensure you have a mobile phone present in case of first aid/ emergencies.
- **Singles and doubles are allowed**, balls can be shared between players, different households are allowed. Just avoid contact on court and try to keep 2m apart!
- **Ball machine is NOT to be used**
- Nets will be maintained at appropriate heights to avoid the need to adjust them.
- Where possible avoid touching court gates, fences and benches.
- Players are to bring their own racket, **and tennis balls** and full water bottle.
- There will be a short buffer period of 15 minutes between court/session booking slots to minimise encounters between people.
- Ensure you leave the court before the end of your allotted time so that it is empty for the next players.
- **No extra-curricular or social activity** should take place.
- Stay at least two metres away from other players at all times including doubles play (also when taking breaks and before and after play).
- Do not make physical contact with other players (such as shaking hands or high five).
- Stay on your side of court and avoid changing ends or agree to change ends at opposite sides of the net.
- Avoid chasing the ball down to another court if other players are using it, hit/kick balls back using racket/feet.
- **The toilets will remain closed.**

Advanced Court Booking: Contact Carolyn via whatsapp or text ONLY with the **date** and **time** you wish to play. Please wait for confirmation of your court booking before arriving at the courts. **Carolyn will tell you the keycode.**

Carolyn's number: 07715 699023